



The Catalyst Series • Part 3

Radical Responsibility

"It is not your fault that you were hurt. But it is your responsibility to
heal."

The Concept

Many of us get stuck waiting for justice. We wait for an apology that never comes. We wait for the world to be fair. We wait for our partner to change.

This waiting is a trap. It keeps you in the position of a victim—powerless and dependent on others for your well-being.

The Hard Truth

Fault is about the past (who broke it).

Responsibility is about the present (who fixes it).

If someone breaks your leg, it is their fault. But it is your responsibility to go to the doctor, do the physical therapy, and learn to walk again. Waiting for them to fix your leg means you never walk again.

Deep Reflection

Identify one area where you feel stuck, resentful, or waiting for someone else.

Where am I waiting?

What is the "Radical Responsibility" move?

If no one else was coming to save you, what would you do right now?

The Turning Point: From "To Me" to "By Me"

Victim Mindset (Life happens TO me)

- "Why do they treat me this way?"
- "I can't be happy until they change."
- "It's not fair."
- "I have no choice."

Creator Mindset (Life happens BY me)

- "What am I going to do about it?"
- "I am responsible for my own boundaries."
- "Life isn't fair, but I am capable."
- "I always have a choice in how I respond."

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